

Saint Leo the Great Catholic Church

Rev. Fr. George Maniangattu

August 22, 2021 The Twenty-First Sunday in Ordinary Time Year B

Mass Intentions		Last Week's Offertory	Lector Schedule	
St. Leo		8/15/21 St. Leo \$1,878.25 St. Francis \$465.00	8:00AM	10:00AM
Sunday, August 22	8AM		August 22 Marti Waters	Denise Duke
	10AM		August 29 Louise Marzen	Jan McDonald
St. Francis				
	12PM			

Change to Sunday Holy Mass Schedule

Starting today, **Sunday August 22**, the Sunday Mass schedule will **resume its previous schedule at 8:00 AM and 10:00 AM at St. Leo.**

Confraternity of Christian Doctrine (CCD)

CCD and Youth Group will **resume September 12**. Classes are available for grades K - 12. **Registration for CCD will be held on August 28th immediately following 8:00AM and 10:00AM Holy Mass.**

Sign-Up for FORMED for Free!

- Sign-up as Parishioner
- Type "St. Leo Demopolis" as parish
- Create New Account

Hispanic Bible Study Class to Resume

The Hispanic Bible study will begin meeting on **Wednesdays at 4:00pm** in the Parish Hall.

Lectors Needed for 8:00am and 10:00am Holy Mass!

A new lector schedule needs to be composed to accommodate our new Mass schedule. Email the office at office@stleo.info if you would like to be added to this schedule. Please include your name and which Mass you would like to volunteer for in the email. **YOU WILL ONLY BE ADDED TO THE LECTOR SCHEDULE IF YOU CONTACT THE OFFICE**, so if you were previously a lector and

would like to continue do not forget to email over your information.

Building and Grounds Committee

St. Leo will be organizing a Building and Grounds Committee to ensure the proper care of our Church property. Members of this committee will be responsible for maintaining and taking care of any issues that arise with the Church and surrounding property. If anyone is interested in joining this committee, please contact the church office at office@stleo.info; or Mary Hays at dre@stleo.info

Weekday Mass Schedule

As of this week, the weekday Mass schedule has changed to 5:00 PM on Mondays and Thursdays, and 8:00 AM on Tuesday, Wednesdays and Fridays. This will be effect until further notice.

Ushers Needed

Usher volunteers are needed for the new Mass schedule. If you are interested in assisting the Mass in this particular way, please reach out to Brian Sellers or the Church office.



Meditation: God offers his people abundant life, but we can miss it. What is the *bread of life* which Jesus offers? It is first of all the life of God himself - life which sustains us not only now in this age but also in the age to come. The Rabbis said that *the generation in the wilderness have no part in the life to come*. In the Book of Numbers it is recorded that the people who refused to brave the dangers of the promised land were condemned to wander in the wilderness until they died. The Rabbis believed that the father who missed the promised land also missed the life to come. God sustained the Israelites in

the wilderness with manna from heaven. This bread foreshadowed the true heavenly bread which Jesus would offer his followers.

Jesus is the "bread of life"

Jesus makes a claim only God can make: He is the true bread of heaven that can satisfy the deepest hunger we experience. The manna from heaven prefigured the superabundance of the unique bread of the Eucharist or Lord's Supper which Jesus gave to his disciples on the eve of his sacrifice. The manna in the wilderness sustained the Israelites on their journey to the Promised Land. It could not produce eternal life for the Israelites. The bread which Jesus offers his disciples sustains us not only on our journey to the heavenly paradise, it gives us the abundant supernatural life of God which sustains us for all eternity.

The food that makes us live forever

When we receive from the Lord's table we unite ourselves to Jesus Christ, who makes us sharers in his body and blood and partakers of his divine life. Ignatius of Antioch (35-107 A.D.), an early church father and martyr, calls it the "one bread that provides the medicine of immortality, the antidote for death, and the food that makes us live for ever in Jesus Christ" (Ad Eph. 20,2). This supernatural food is healing for both body and soul and strength for our journey heavenward.

Do you hunger for the "bread of life"?

Jesus offers us the abundant supernatural life of heaven itself - but we can miss it or even refuse it. To refuse Jesus is to refuse eternal life, unending life with the Heavenly Father. To accept Jesus as the bread of heaven is not only life and spiritual nourishment for this world but glory in the world to come. When you approach the Table of the Lord, what do you expect to receive? Healing, pardon, comfort, and rest for your soul? The Lord has much more for us, more than we can ask or imagine. The principal fruit of receiving the Eucharist or Lord's Supper is an intimate union with Christ. As bodily nourishment restores lost strength, so the Eucharist strengthens us in charity and enables us to break with disordered attachments to creatures and to be more firmly rooted in the love of Christ. Do you hunger for the "bread of life"?

"Lord Jesus, you are the *living bread* which sustains me in this life. May I always hunger for the *bread which comes from heaven* and find in it the nourishment and strength I need to love and serve you wholeheartedly. May I always live in the joy, peace, and unity of the Father, Son, and Holy Spirit, both now and in the age to come."

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